

Pre-Camp Information

2019

HOW TO CONTACT US

YEAR ROUND

Phone & Fax (304) 445-7168

<u>E-mail</u> info@campgreenbrier.com <u>Website</u> www.campgreenbrier.com

OFF-SEASON (Sept 1, 2018 - June 9, 2019)

P.O. Box 585 Exmore, VA 23350

SUMMER (June 10 – Aug 30, 2019)

100 Camp Greenbrier Drive Alderson, WV 24910

SUMMER OFFICE HOURS 9:00 a.m. - 1:00 p.m. 2:00 p.m - 6:00 p.m.

First Term Dates: June 23 to July 13, 2019

Second Term Dates: July 14 to August 3, 2019

Dear Camp Parents,

Hello from all of us at Camp Greenbrier! We are very excited about the 2019 summer!

A couple of important reminders:

- For both first and second term campers, please return the Pre-Camp and Health History forms by May 15, 2019. It is extremely important to return the health form by May 15, so that the proper preparations can be made for all campers.
- A statement of the balance due for your camper's camp fee is enclosed. No Statement is enclosed if your camper's camp fee has been paid in full.
- Your son does NOT need a physical from your family doctor, so it should take just 15 to 20 minutes to complete the two required forms, the Health History for Campers and the Pre-Camp Form.

There is a checklist on the last page of this booklet that may help. Feel free to contact us by email or telephone if you have questions or concerns about anything.

The Camp Greenbrier Family

HEALTH:

Basic Information

We provide a nurse or doctor on site in our Infirmary. There is also a local doctor's office a few hundred yards from the camp entrance, the local ambulance service is two miles away, and the regional hospital is 13 miles away. We do not provide accident insurance nor prescription medicines. IT IS YOUR RESPONSIBILITY TO PROVIDE HEALTH INSURANCE for your camper. In the event there is a need for medical treatment outside of camp, the local doctor's office, hospital, or pharmacy will bill you for services that your own medical insurance may cover.

Medical Policy

We expect all of our campers to be healthy when they arrive at camp and to remain healthy throughout their stay. However, with 140 boys in our care for six weeks, we know that there will be some mishaps and routine illnesses.

If your camper becomes ill or is injured during his stay at Greenbrier, our medical staff will be available 24 hours a day to attend to his needs. If we feel that his infirmity warrants your concern, we will notify you by telephone. Please keep in mind, however, that on a day-to-day basis, boys may get minor cuts, sore muscles, earaches, upset stomachs, etc., and that such routine ailments may not be of enough gravity to warrant notifying parents.

We will always contact you when a doctor's visit or hospital visit, such as for an x-ray, is necessary.

Remember that a minor health problem, such as a nagging

case of poison ivy, may require prescription medication. In such cases, you may receive a statement from the local pharmacy even though we have not notified you of a problem. Rest assured that this indicates your child's illness or injury was judged to be mild and expected to be short-lived.

Routine Medication

The doctor or nurse administers all medication that campers and counselors take, usually at mealtimes, or at bedtime, as directed by your camper's doctor. If you send prescription medication for your camper, <u>it must be sent in the original bottle from the pharmacy</u>. All medications are stored in the Infirmary.

Health History and Examination Form

The parent or guardian of each camper must complete the Health History for Campers form included with these materials and <u>sign and date the second page</u>. **Physicals are not required for the campers.**

Please make a copy of <u>your health insurance card</u> and <u>prescription card</u>, if two separate cards, and include them with your camper's health form when you send it in. This way we can provide them to any health care provider your son sees and you may not have to file an insurance claim after the fact.

It is fine to attach a copy of your camper's **immunization record**, rather than filling out the chart on the form.

PAYMENT OF FEES & ADDITIONAL EXPENSES:

The 2019 Pre-Camp Form is included with this booklet. Please complete it and return it with payment to our Exmore, Virginia address by May 15, 2019. Feel free to combine payment for all fees and expenses on one check or on one credit card charge. Payment may be made by Visa, MasterCard, American Express, or check payable to Camp Greenbrier.

TUITION, ROOM & BOARD, AND TAX:

A Statement detailing any outstanding tuition, room & board, and tax is enclosed. No statement is enclosed if these fees have already been paid in full. Any balance is due by May 15, 2019.

CAMP STORE

Store Account

Single term campers must have \$75.00 in their store account. Full Season campers must have \$150.00. Please indicate the spending money amount on the enclosed 2019 Pre-Camp Form.

Any money left in your camper's account at the end of the session will be given to him to take home. If your camper spends more than he has in his account, we will bill you for the difference. We will do our best to make sure that your camper does not overspend his account.

Camp Store

Items such as stamps, envelopes, snacks and drinks, tennis balls, toothpaste, batteries, etc., can be purchased at the Camp Store. Our store also has a great selection of high quality t-shirts, sweatshirts, shorts, and hats that are suitable for your child to wear at home and at school.

Clothing Items in the Camp Store

The following items can be purchased prior to camp. See the 2019 Pre-Camp Form for details on ordering.

\$14.95
\$16.95
\$30.95
\$34.95
\$20.95
\$22.95
\$17.95

All items ordered will be held at camp until the camper's arrival to ensure proper fit. Tax is included in the sales price for all items. Most campers purchase at least one Camp Greenbrier t-shirt. We will put your camper's name on his clothing when he receives it.

TUTORING:

Tutoring is optional for the campers. Campers can receive instruction in Math or English. The cost of tutoring is \$130.00 per subject for one term of tutoring (13 hours), and \$260.00 for full season tutoring (26 hours). Campers may receive no more than one hour of tutoring per day. If tutoring is desired, please note the subject on the enclosed 2019 Pre-Camp Form.

If your child is going to be tutored at Camp, it is very important for him to <u>bring everything he needs with him;</u> we do not provide any tutoring materials. When he arrives, he should have a detailed description of what is to be covered in the 13 hours of tutoring, along with all books and other materials he will need.

TRAVEL FOR 2019

<u>IMPORTANT:</u> On the 2019 Pre-Camp Form, be sure to include information regarding how your son will come to camp and go home, regardless of the mode of transportation to and from camp.

Buses - General Information

We will provide chartered and chaperoned buses from the locations listed on the following page. The buses will travel on the first and last days of each term. Each camper will need a bag lunch and a drink for the trip to Camp. When sending your camper to Camp on the bus, please arrive 30 minutes prior to the departure time to allow for loading of the bus.

When picking your camper up at the end of a term, be sure to check with the chaperone prior to leaving the drop off site so that the chaperone can check your camper off the list of travelers and can make sure your camper has all of his belongings. Please understand that traffic and other factors may affect times of arrival and departure. We will make every effort to adhere to the schedule as stated.

Bus fees cover the cost of transporting the camper, his luggage (trunk / duffel), and an extra or two (fishing rod, etc.). If you are sending information on the bus for the Camp Office, or Infirmary, including camp forms or money, tutoring information, medications, etc., do not put these items in your son's trunk. Please put these items in a marked envelope and give the envelope to the chaperone.

<u>Remember</u>: Buses travel on Sunday, June 23 and Saturday, July 13 for first term, and Sunday, July 14 and Saturday, August 3 for second term.

Bus Pick Up Information

DULLES, VIRGINIA

Departure Point: Hutchison Elementary School

13209 Parcher Avenue Herndon, VA 20170

Departure Time: 9:00 am

Cost: \$85.00 one way; \$170.00 round-trip

RICHMOND, VIRGINIA

Departure Point: Strayer University

11501 Nuckols Road Glen Allen, VA 23059

(approx. 1 1/2 miles north of I-295)

Departure Time: 11:30 a.m.

Cost: \$75.00 one way; \$150.00 round-trip

Return Bus Times (same locations):

Approximate bus arrival times for campers riding the bus home are as follows:

Richmond – 12:30 pm Dulles – 3:30 pm

NOTE: If there is any significant change in the above bus schedules, we will contact you via telephone.

Cars

Campers traveling to camp by car should be <u>dropped off</u> <u>between 10:00 a.m. and 4:00 p.m.</u> on the first day of the term. **Please do not plan to drop your campers off before 10:00 a.m.** – our gate will not be open. Please state your estimated time of arrival on the enclosed 2019 Pre-Camp Form. Those picking campers up at the end of a term should <u>pick them up between 9:00 a.m. and noon</u>.

Planes

Greenbrier Valley Airport in Lewisburg, West Virginia, is about 20 minutes from camp. We will pick up campers flying into Greenbrier Valley Airport on the opening day of either session. Campers may also fly home from Greenbrier Valley on the closing day of either session. There is no fee for pick ups or drop offs from Greenbrier Valley Airport.

We can also pick up and drop off campers flying into and out of **Dulles International Airport**. We can only pick campers

up from Dulles who fly in **the day BEFORE** their camp session begins. We pick them up, put them up for the night with long-time camp friends, and put them on the camp's chartered bus the next day. There is a \$135.00 fee for the pick up, the place to stay overnight, meals, and the bus trip to camp.

Campers flying home from Dulles should book flights that depart **AFTER 3:30 p.m.** on the last day of the session. This gives us time to get them to the airport for their flights. There is a \$100.00 fee for the bus to Dulles.

Please mark all flight information on the Pre-Camp Form.

Trains

Some cities offer train service to camp. You should check with Amtrak for the schedule to Alderson, West Virginia. You are required to make a reservation in advance. Please mark the time of arrival or departure on the travel slip so we can meet your son's train. There is no fee for this.

Directions

<u>Traveling West on Interstate 64</u>: Take the Alta Exit, also known as Exit 161 and Route 12; go left (south) at the end of the exit ramp. The entrance to Camp is 11.6 miles on the left just past the Subway Sandwich Shop.

<u>Traveling East on Interstate 64</u>: Take the Alta Exit, also known as Exit 161 and Route 12; go right (south) at the end of the exit ramp. The entrance to Camp is 11.6 miles on the left just past the Subway Sandwich Shop.

See campgreenbrier.com for more detailed directions.

Places to Stay Near Camp

In Lewisburg (20 minutes east of camp on I-64)

Fairfield Inn & Suites	304 645 7999
General Lewis Inn	304 645-2600
Hampton Inn	304 645-7300
Holiday Inn Express	304 645-5750
Quality Inn	304 645-7722
Relax Inn	304 645-2345

In White Sulphur Springs (35 minutes east of camp on I-64)

The Greenbrier Resort 304 536-1110

WHAT TO BRING:

A What to Bring list is enclosed with this booklet. It can also be found on our website, www.campgreenbrier.com. Under "Families" on the menu bar, click on "Camp Forms." The general practice is for each camper to bring a **trunk** for clothing and small articles, and a **duffel bag** for bedding and larger, bulky items. Please tape the enclosed What to Bring list to the inside of your camper's trunk lid so that we know what he brought to camp. Some campers bring hinged, plastic trunks rather than the traditional camp trunks. Either is fine.

Please bear in mind that anything your camper brings to camp may be lost or broken. With 140 campers and 40 counselors running around, jumping in the river, etc., items are sure to be misplaced or broken. For this reason, we strongly urge you not to send anything your camper, or you, cannot live without.

Some campers bring their personal fishing equipment, golf clubs, lacrosse sticks and gloves, archery bows, or baseball bats. Immediately upon arrival at camp, bows, baseball bats, and golf clubs are to be turned into the Office. These items will be given to the appropriate activity heads for use by the camper during regular activity periods.

PUT YOUR CAMPER'S NAME ON ABSOLUTELY

EVERYTHING!! Really, Everything!! His trunk, toothbrush, shampoo, flashlight, every shoe, books, everything! Because campers often do not recognize their own belongings, their name or initials will help us return misplaced items. Use a <u>permanent laundry marker</u> to mark your camper's belongings. For shirts and pants, the normal place to put your camper's name or initials is on the tag, or next to the tag.

Please note that we may need to go through your camper's belongings for a number of reasons. Whether it is to make sure that he goes home with everything he brought to camp, to look for a lost item, or for some other reason, this will be done as discretely as possible and only if absolutely necessary. Please make sure that your camper is aware of the guidelines in this section prior to his coming to camp.

WHAT NOT TO BRING:

Campers should not bring knives, hatchets, firearms, matches, lighters, fireworks, or weapons of any type.

Campers are also prohibited from bringing cell phones to camp. Electronic devices that play games, videos, or can access the Internet are also not allowed. Campers can

bring devices that play music only, but if they also do any of the things mentioned above, they are not permitted. Please make sure your camper knows these rules.

Additionally, we recommend that you do not send valuables to camp with your child. Items such as radios, cameras, watches, and cd players are easily broken or lost and are certainly not necessary ingredients for a happy camping experience. We cannot be responsible for these items. But for those campers who do choose to bring these items, send a generous supply of extra batteries.

PACKAGES FROM HOME:

General Information

Please do not send food, candy, or gum to camp. If food, candy, or gum is received, it will be discarded. In a supervised situation, the campers can get snacks and goodies from our Jigger Shop (camp store). We ask that you not send food or candy for a number of reasons including the dangers that some foods, like peanuts, can present to campers with potentially life-threatening allergies. Also, storing these items safely away from bugs and other critters is difficult. We suggest in lieu of food: letters, postcards, comic books, yesterday's sports page or comic strips, paperback books of interest, games to play during Rest Hour, etc.

Please be sure to pass on the contents of the "What to Send" list below to all relatives and friends.

What to Send

YES: Paperback books, Sunday comics, comic books, books of puzzles, stories, sports pages, magazines, playing cards, baseball cards, post cards, letters, hacky sacks, Frisbees, yo-yos, inexpensive toys, and happy news.

NO: Candy, gum, food, fireworks, sparklers, cap guns, expensive toys, enormous bags of popcorn, magic markers, laser pointers, balloons, or sad news.

TELEPHONE AND MAIL:

The camp phone is for camp business only. <u>Campers may not receive telephone calls nor may they use the phone to place calls</u> except in the case of an emergency (as determined by the Camp Director). A telephone call will often create homesickness where none existed. We encourage parents and relatives to send mail every couple of days. Mail call is important when you are at camp; but avoid sending letters or packages every day.

LAUNDRY:

The camp fee covers the cost of laundry. Unlimited laundry is done in camp for every camper once a week. Please make sure that the two laundry bags you send with your son have string ties at the top of each bag.

VISITING:

Campers are not permitted to have visitors. We do not permit visiting because we have found that it is generally not in the campers' best interests. Visitors often cause homesickness where none previously existed, even in a camper who merely sees another camper's parents visiting.

We do, however, want you to meet our staff and see our facilities, so we suggest you either bring your camper to camp or pick him up at the end of his stay. Please understand that our visiting policy is for the well-being of all campers.

TOBACCO, ALCOHOL, and UNPRESCRIBED DRUGS:

Campers are not permitted to use, or have in their possession, tobacco, alcohol, vaping products, or unprescribed drugs in any form.

CHECKLIST - DO BY MAY 15, 2019 Complete the Pre-Camp Form and return it with the appropriate payment & a picture of your son Complete the Health History for Campers form and return it with a copy of your insurance card and/or prescription card **CHECKLIST – DO BY START OF CAMP** Put your son's name on absolutely everything with a permanent laundry marker Tape the What to Bring list to the inside of your camper's trunk lid If your camper is being tutored, prepare all tutoring materials for him (instruction letter, books, worksheets, paper, etc.) If your camper is taking one of the camp buses to camp, prepare a bag lunch and drink for him to take on the bus Share the "Packages from Home" information with relatives and friends Please send all payments and forms to: Camp Greenbrier

Additional Forms: This booklet and accompanying forms can be printed from our website, campgreenbrier.com. Click on "Families" (menu bar) and then on "Camp Forms."

P.O. Box 585

Exmore, VA 23350