



**Pre-Camp Information
Booklet**

2021

HOW TO CONTACT US

YEAR ROUND

Phone & Fax: (304) 445-7168
E-mail: info@campgreenbrier.com
Website: www.campgreenbrier.com

OFF-SEASON

(Sept 1, 2020 – May 31, 2021)
P.O. Box 585
Exmore, VA 23350

SUMMER

(June 1 – Aug 31, 2021)
100 Camp Greenbrier Drive
Alderson, WV 24910

SUMMER OFFICE HOURS

9:00 a.m. - 1:00 p.m.
3:00 p.m - 6:00 p.m.

First Term: Sunday, June 27 to Saturday, July 17, 2021

Second Term: Sunday, July 18 to Saturday, August 7, 2021

HELLO CAMP FAMILIES!

Hello from all of us at Camp Greenbrier! We are very excited about the 2021 summer! Although things at camp will be a bit different from prior years, we are sure that your camper is going to have a fantastic time!

This booklet will provide you and your camper(s) with some basic information about camp this summer. Keep in mind that, depending on circumstances, this information might need to be updated.

Key Changes for the Summer (more info on each later in the booklet):

- Your camper will need to get tested for Covid during the five day period just prior to his arrival at camp
- We are unable to provide the usual chartered buses to and from camp
- Drop offs and pick up procedures will be drastically different from past summers; this will include a rapid Covid-19 test upon arrival
- Tutoring will not be available this summer
- Masks and social distancing will be required in some circumstances during camp
- **Camp forms, including the Health Form, will need to be returned to our Exmore, Virginia office by June 1, 2021**

We apologize for any inconvenience that these changes might cause. As always, our primary concern is for the safety and well-being of our campers and staff. We hope that everyone can understand the need for our current policies.

There is a checklist on the last page of this booklet that may help. Feel free to contact us by email or telephone if you have questions or concerns about anything.

DISCUSS WITH YOUR CAMPER

There are a number of topics we would like you to go over with your camper before he comes to camp. Please take the time to sit down with him and have a thorough discussion of the following:

- Because of Covid-19, camp will be different in some ways from prior years. It is particularly important for your son to recognize this and to be prepared to accept changes in how things are normally done. This is largely applicable to returning campers.
- So that camp can be run in a safe and efficient way this summer, it will be important for your camper to follow the rules put forth by the camp and the staff. Covid has made things more complicated, with more rules to follow; please make certain that your son knows how important it is to listen to the staff, to obey the rules, and to behave appropriately.
- More generally, all campers and staff are expected to respect the differences in others and to always treat others with dignity. Differences between campers and staff may be religious, racial, ethnic, sexual, social, cultural, political, based on appearance, or the like.

Please make sure that you review the above with your camper(s) before he heads off to camp. Thanks for your help here!

OUR GOALS FOR YOUR SON

The aim of Camp Greenbrier is to provide each camper with a **safe, positive, and supportive atmosphere**. It is in this environment that each boy can learn new skills, gain a sense of independence, increase his self-confidence, and have fun! The Camp's objective is achieved by offering an individualized, personal approach to each camper. The daily routine is structured with a mixture of scheduled and unscheduled activities, almost entirely selected by the camper. Also, the boys are placed with campers of similar interests, abilities, age, grade, and maturity level.

HEALTH CARE

We expect all of our campers to be healthy when they arrive at camp and to remain healthy throughout their stay. However, with 130 boys in our care for six weeks, we know that there will be some mishaps and routine illnesses.

Basic Information:

We provide a nurse or doctor on site in our Infirmary. There is also a local doctor's office a few hundred yards from the camp entrance, the local ambulance service is two miles away, and the regional hospital is 13 miles away. We do not provide accident insurance nor prescription medicines. **It is your responsibility to provide health insurance for your camper.** In the event there is a need for medical treatment outside of camp, the local doctor's office, hospital, or pharmacy will bill you for services that your own medical insurance may cover.

If your camper becomes ill or is injured during his stay at Greenbrier, our medical staff will be available 24 hours a day to attend to his needs. If we feel that his infirmity warrants your concern, we will notify you by telephone. Please keep in mind, however, that on a day-to-day basis, boys may get minor cuts, sore muscles, earaches, upset stomachs, etc., and that such routine ailments may not be of enough gravity to warrant notifying parents.

We will always contact you when a doctor's visit or hospital visit, such as for an x-ray, or if a prescription medication is necessary. Remember that a minor health problem, such as a nagging case of poison ivy, may require prescription medication. In such cases, you may receive a statement from the local pharmacy.

Routine Medication

The doctor or nurse administers all medication that campers and counselors take, usually at mealtimes, or at bedtime, as directed by your camper's doctor. **If you send prescription medication for your camper, it must be sent in the original bottle from the pharmacy. Non-prescription medications must also be in their original containers.** All medications for campers and staff are stored in the Infirmary.

We ask that all medications be put in a **large Ziploc bag** with your camper's name written clearly on the outside. All health-related information should be clearly indicated on your camper's Health History form, including any details regarding the giving of medications. This Ziploc bag can be given to our staff

when you arrive at camp. If you need to discuss any health issues with us, this should be done prior to the day your camper arrives as individual conversations with the medical staff on opening day will not be possible.

Health History and Examination Form

The parent or guardian of each camper must complete the Health History for Campers and **sign and date the second page**. Physicals are not required for the campers.

Please make a copy of your health insurance card and prescription card, if two separate cards, and include them with your camper's health form when you send it in. This way we can provide them to any health care provider your son sees, and you may not have to file an insurance claim after the fact.

It is fine to attach a copy of your camper's **immunization record**, rather than filling out the chart on the form.

COVID CONSIDERATIONS

Prior to Camp:

- To the greatest extent possible, we ask that your camper be in quarantine for 7 days prior to their arrival at camp. This does not mean that they are not permitted out of the house. Going to school, running errands, going to work, or the like are all fine if the appropriate Covid-19 precautions, social distancing and masks, as appropriate, are employed. Attendance at large gatherings where proper Covid precautions are not taking place should be avoided. We ask that your camper not attend parties, reunions, etc. during the week just prior to camp. This will help keep Covid-19 from being brought into camp.
- Your camper will need to have a negative Covid-19 test within five days of his arrival at camp. (More details regarding the pre-camp Covid-19 test will follow.)
- We will do a rapid Covid-19 test on the day of their arrival. If your camper tests positive, he will not be permitted to enter camp.
- All camp staff will undergo the same testing regime as the campers, to best

avoid Covid-19 getting into the camp population. All camp staff will also be asked to get a Covid-19 vaccination prior to camp.

- We encourage all campers to get a Covid-19 vaccination prior to camp if it is available to them. This is just one more step that can help prevent the spread of the disease, in camp and elsewhere.
- Families will need to complete and return the Covid-19 Waiver along with the other appropriate forms by June 1, 2021. It can be found under Camp Forms on the camp's website.

Once Camp Starts:

- Campers and staff will be separated into several groups, four or five groups depending on the ages of the campers in camp, and they will stay exclusively within those groups for many of their activities. This will allow us to do contact tracing if a camper or counselor tests positive for Covid-19.
- For activities which involve more than just your camper's group, separate groups will be physically distanced and will wear masks, as appropriate. For example, during morning assembly, each group will have its own set of benches separate from the other groups.
- Four or five days into the start of each session, we will again test all campers and staff for Covid-19. This will give us a great indication of the effectiveness of our initial Covid protocols and may allow us to lessen some of our Covid-19 restrictions.
- We will be doing temperature checks and basic screening of all campers and staff at least twice daily.
- If a camper or staff member is symptomatic, he or she will immediately be put in quarantine and tested for Covid. **Any camper or staff member who tests positive will need to be picked up and taken home within 48 hours (72 hours for international campers to allow for travel).**

PAYMENT OF FEES & ADDITIONAL EXPENSES

The **2021 Pre-Camp Form** can be found under Camp Forms on our website. Please complete it and return it with payment to our Exmore, Virginia address

by **June 1, 2021**. Feel free to combine payment for all fees and expenses on one check or on one credit card charge. Payment may be made by **Visa, MasterCard, American Express, or check payable to Camp Greenbrier**.

The form should be returned to our P.O. Box 585, Exmore, Virginia 23350 address by regular mail.

TUITION, ROOM & BOARD, AND TAX

A Statement detailing any outstanding tuition, room & board, and tax will be emailed to you separately. No statement will be sent if your camper's camp tuition and room and board has already been paid in full. Any balance is due by June 1, 2021 and can be paid through the Pre-Camp form.

CAMP STORE

Store Account

Single term campers must have \$100.00 in their store account. Full Season campers must have \$200.00. Please indicate the spending money amount on the enclosed 2021 Pre-Camp Form.

Any money left in your camper's account at the end of the session will be given to him to take home. If your camper spends more than he has in his account, we will bill you for the difference. We will do our best to make sure that your camper does not overspend his account.

Camp Store

Items such as stamps, envelopes, snacks and drinks, tennis balls, toothpaste, batteries, etc., can be purchased at the Camp Store. Our store also has a great selection of high-quality t-shirts, sweatshirts, shorts, and hats that are suitable for your child to wear at home and at school.

Clothing Items in the Camp Store

The following items can be purchased prior to camp. See the 2021 Pre-Camp Form for details on ordering.

Camp Greenbrier T-Shirts

Boys' Sizes: S(6-8), M(10-12), L(14-16) \$14.95

Men's Sizes: S, M, L, XL \$16.95

Camp Greenbrier Hooded Sweatshirts

Boys' Sizes: S(6-8), M(10-12), L(14-16) \$30.95

Men's Sizes: S, M, L, XL \$34.95

Camp Greenbrier Shorts

Boys' Sizes: S, M, L \$20.95

Men's Sizes: S, M, L, XL \$22.95

Camp Greenbrier Baseball Caps

One size fits all \$17.95

All items ordered will be held at camp until the camper's arrival to ensure proper fit. Tax is included in the sales price for all items. Most campers purchase at least one Camp Greenbrier t-shirt. We will put your camper's name on his clothing when he receives it.

TUTORING:

Unfortunately, due to the restrictions imposed by Covid-19, we will not be offering tutoring this summer. We apologize for the inconvenience this causes anyone.

TRAVEL FOR 2021

IMPORTANT: We will not be providing transportation for any campers this summer. This includes our normal chartered bus service to and from camp, airport pick-ups, and Amtrak pick-ups. We understand that this will cause some difficulties for camper families and we truly wish that we could provide our usual bus service. But with all the complicating factors, this is just not

possible.

Camper Drop Off:

- All campers will need to be dropped off by car on the opening day of their session. This is necessary in case of a positive Covid-19 test. **In the case of a positive test result, the camper will not be permitted into camp.**
- Drop off will be done in the same manner as our staff drop off from last summer, prior to family camp. The family's car will park, the camper will get out of the car and be tested – waiting outside of the car while the family stays in the car. Once a positive result is gotten, the camper, assisted by camp staff, will load his trunk, etc., into a cart, say his goodbyes from a distance, and head off to his tent. Please make sure that you pack such that your camper and a staff member can handle his camp stuff (preferably from the trunk or back of the car) without the family having to get out of the car to assist.
- **Please do not carpool** with other families when coming to camp. If a camper in a car tests positive, none of the campers in that car will be permitted to attend.
- At a later date, we will provide a **window of time during which your camper should arrive** at camp. This will prevent everyone from getting to camp at the same time and then having to wait a long time for a test. We will be as flexible as we can with these times to accommodate everyone's schedule.

WHAT TO BRING:

A What to Bring list can be found on our website, www.campgreenbrier.com. Under "Families" on the menu bar, click on "Camp Forms." The general practice is for each camper to bring a **trunk** for clothing and small articles, and a **duffel bag** for bedding and larger, bulky items. Please tape the enclosed What to Bring list to the inside of your camper's trunk lid so that we know what he brought to camp. Some campers bring hinged, plastic trunks rather than the traditional camp trunks. Either is fine.

Please bear in mind that anything your camper brings to camp may be lost or broken. With 130 campers and 35 counselors running around, jumping in the river, etc., items are sure to be misplaced or broken. For this reason, we

strongly urge you not to send anything your camper, or you, cannot live without.

Some campers bring their personal fishing equipment, golf clubs, lacrosse sticks and gloves, archery bows, or baseball bats. Immediately upon arrival at camp, bows, baseball bats, and golf clubs are to be turned into the Office. These items will be given to the appropriate activity heads for use by the camper during regular activity periods.

Please make sure that your camper has **10 washable, cloth face masks**. Also, make sure he brings a box of at least **25 disposable masks**.

PUT YOUR CAMPER'S NAME ON ABSOLUTELY EVERYTHING!! Really, Everything!! His trunk, toothbrush, shampoo, flashlight, every shoe, books, everything! Because campers often do not recognize their own belongings, their name or initials will help us return misplaced items. Use a permanent laundry marker to mark your camper's belongings. For shirts and pants, the normal place to put your camper's name or initials is on the tag, or next to the tag.

Please note that we may need to go through your camper's belongings for a number of reasons. Whether it is to make sure that he goes home with everything he brought to camp, to look for a lost item, or for some other reason, this will be done as discretely as possible and only if absolutely necessary. Please make sure that your camper is aware of the guidelines in this section prior to his coming to camp.

WHAT NOT TO BRING:

Campers should not bring knives, hatchets, firearms, matches, lighters, fireworks, or weapons of any type. **Campers are also prohibited from bringing cell phones to camp. Electronic devices that play games, videos, or can access the Internet are also not allowed.** Campers can bring devices that play music only, but if they also do any of the things mentioned above, they are not permitted. **Please make sure your camper knows these rules.**

Additionally, we recommend that you do not send valuables to camp with your child. Items such as radios, cameras, watches, and cd players are easily broken or lost and are certainly not necessary ingredients for a happy camping experience. We cannot be responsible for these items. But for those campers who do choose to bring these items, send a generous supply of extra batteries.

PACKAGES FROM HOME:

General Information

Please do not send food, candy, or gum to camp. If food, candy, or gum is received, it will be discarded. In a supervised situation, the campers can get snacks and goodies from our Jigger Shop (camp store). We ask that you not send food or candy for a number of reasons including the dangers that some foods, like peanuts, can present to campers with potentially life-threatening allergies. Also, storing these items safely away from bugs and other critters is difficult. We suggest in lieu of food: letters, postcards, comic books, yesterday's sports page or comic strips, paperback books of interest, games to play during Rest Hour, etc.

Please be sure to pass on the contents of the "What to Send" list below to all relatives and friends.

What to Send

YES: Paperback books, Sunday comics, comic books, books of puzzles, stories, sports pages, magazines, playing cards, baseball cards, post cards, letters, hacky sacks, Frisbees, yo-yos, inexpensive toys, and happy news.

NO: Candy, gum, food, fireworks, sparklers, cap guns, expensive toys, enormous bags of popcorn, magic markers, laser pointers, balloons, weapons of any kind, or sad news.

TELEPHONE AND MAIL:

The camp phone is for camp business only. Campers may not receive telephone calls nor may they use the phone to place calls except in the case of an emergency (as determined by the Camp Director). A telephone call will often create homesickness where none existed. We encourage parents and relatives to send mail every couple of days. Mail call is important when you are at camp. But avoid sending letters or packages every day – this can interfere with the independence gained at camp.

LAUNDRY:

The camp fee covers the cost of laundry. Unlimited laundry is done in camp for every camper once a week. Please make sure that the two laundry bags you send with your son have string ties at the top of each bag.

VISITING:

Campers are not permitted to have visitors. We do not permit visiting because we have found that it is generally not in the campers' best interests. Visitors often cause homesickness where none previously existed, even in a camper who merely sees another camper's parents visiting. This summer there is the additional complications of Covid-19, and the importance of minimizing anyone coming into camp.

TOBACCO, ALCOHOL, and UNPRESCRIBED DRUGS:

Campers are not permitted to use, or have in their possession, tobacco, alcohol, vaping products, or unprescribed drugs in any form.

CHECKLIST – DO BY JUNE 1, 2021

- _____ Complete the Pre-Camp Form and return it with the appropriate payment & a picture of your son
- _____ Complete the Health History for Campers form and return it with a copy of your insurance card and/or prescription card
- _____ Complete the Covid-19 Waiver and return it

CHECKLIST – DO BY START OF CAMP

- _____ Put your camper's name on absolutely everything with a permanent laundry marker
- _____ Tape the What to Bring list to the inside of your camper's trunk lid
- _____ Share the "Packages from Home" information with relatives and friends
- _____ Discuss the important issues in the front of this booklet with your camper
- _____ Prepare a Ziploc bag for medications; include any instructions which were not written on your camper's Health History form
- _____ Have your camper quarantine for the seven days prior to his arrival at camp
- _____ Get a Covid-19 test for your camper within five days of his arrival at camp (more information to follow later)

Please send all payments and forms to:

Camp Greenbrier
P.O. Box 585
Exmore, VA 23350